

BIANCA SAPETTO

ARTIST, CHOREOGRAPER, TEACHER

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ARTIST BIO

Bianca Sapetto, choreographer, director, teacher, aerialist, and dancer began her career as a rhythmic gymnast, claiming five gold medal U.S. National Championships titles and an alternate position on the 1992 U.S. Olympic Team. Bianca studied comparative religion at Amherst College before “running away” to join the circus.

She launched her professional career when she was recruited as a performer and choreographer on tour in Cirque du Soleil’s production of *Quidam* where she performed 1001 shows. Shortly thereafter, Emmy Award winning choreographer Debra Brown, cast her in her experimental dance company, *Apogee*, where she collaborated on the merging of theatrical circus and extreme modern dance for over 5 years.

For nearly a decade, Bianca was a lead performer, choreographer and associate director at Teatro Zinzanni, an interdisciplinary and immersive theater company that specializes in dismantling the fourth wall. She performed alongside and choreographed such legends as Joan Baez, Thelma Houston, Liliane Montevicchi, and Sally Kellerman.

Ms Sapetto’s physical acting expertise was engaged to push the boundaries of motion capture animation in her role as the AI robot AMEE in the film, *The Red Planet* as well as development for *Matrix Reloaded* and video games for Sony and Eyes Out. She is a regular guest artist for Joan Sheckle’s filmmaking labs. Other film credits include *Water for Elephants*, Disney’s *Geppetto*, and *Rush Hour 2* where she became a member of Jackie Chan’s official stunt team.



Other notable productions choreographed by Bianca are *Carmina Burana* for the Michigan Opera, the *Grammy Awards*, *Burning Man First Ritual* in collaboration with Larry Harvey and Melissa Baron, *Camerata Tango* (endorsed by the Astor Piazzolla Foundation), the *Tonight Show*, *Good Morning America*, *TJ Maxx National Arena Tour of the 2004 Olympic Gymnastic teams*, and *The Mortal Thoughts of Lady MacBeth* by Veronika Krausas and directed by Yuval Sharon.

She also performed at the *Summit of the Americas* for all of the presidents and prime ministers of North and South America, *Formula One*, the *American Music Awards*, *Teen's Choice Awards*, *Sebastian World Tour*, and the *SAG Stunt Awards*.

Bianca co-led the creative collective We Few Productions with Daniel Passer and Veronika Krausas. Their work together spans over 20 years and numerous productions and workshops including, *The Courtyard*, *Birthday Party*, and *Noir Project*.

In 2021, she was awarded as an honoree for her contributions in choreography, dance, and the aerial arts by Luminario Ballet. She is a founding company member of Luminario ballet and has danced and choreographed for the company since 2008.

TEACHING BIO

Bianca began teaching aerial arts, circus arts, and dance in 2000.

In 2009, she earned her yoga teacher's training certificate from Yogaworks, led by her mentor, Annie Carpenter. In 2010, she received her Anusara prenatal certification. A perpetual student, she has continued her yoga studies through extension courses including Loyola Marymount University, Sacred Sound Lab, Plum Village Monastery, Embodied Philosophy, Dr Raj Balkaran, Annie Carpenter, and Srivatsa Ramaswami to study the subtle body, the Upanishads, the Sutras, Hindu mythology, somatics, meditation, kirtan, and Goddess traditions. Bianca plays the harmonium and loves to lead kirtan in her yoga classes.

For more than a decade she has taught her original classes, *The Physical Creative*, which examine how the physical body and our communal and personal stories inspire innovation, collaboration, and creativity in the arts, the workplace, and everyday life.

She has lead classes, workshops, and retreats at Esalen Institute, USC Thornton School of Music, USC Gloria Kaufman School of

Dance, USC Iovine and Young Academy, UCLA Royce Hall and the Department of Psychology, National Young Arts Foundation, Joffrey Ballet, PEN USA, Henkel Corporation, Treefort festival at both Hackfort and Yogafort and at yoga, acting, dance, and circus schools across the country.

She has taught, created programs, led workshops, and mentored other teachers as a master teacher for various aerial arts, circus, and dance studios including Le Petit Cirque, the Aerial Studio, and Dance Dimensions.

In 2020, she began her *Lunar Yoga* class series which ties together the moon cycles, mythology, astrology, archetype, art, and magical traditions with yoga philosophy, asana, pranayama, and meditation practices. Her classes and workshops are attended in person and virtually by people from all over the world. In 2021, *Lunar Yoga* was hosted by and taught at the Rock and Roll Hall of Fame.

Bianca is featured in her own chapter in the book, *Wisdom of Wildly Creative Women; Real Stories from Inspirational, Artistic, and Empowered Women* published in 2023 by Mango Publishing.

Bianca lives in Los Angeles.